



Breakfast Menu

Juices

Orange juice, Apple Juice

Tea & Coffee

Freshly brewed coffee, Breakfast tea, Earl Grey or Herbal tea

Cereals

Cornflakes, Weetabix, Muesli, Fruit & Fibre, Crunchy Nut, Rice Krispies,

Welsh Yoghurts

Help yourself to the local fruit yoghurts

Fruit

A selection of seasonal fresh fruit

Cooked Breakfast

Traditional Cooked Breakfast

Free range eggs, fresh local Welsh sausage, hash brown, toast, baked beans, pan fried mushrooms, fresh grilled tomato and Welsh bacon. Eggs can be fried, scrambled or poached,

Smoked Haddock (S)

Served with Poached Eggs

Breakfast Omelette

Sausage, bacon & mushroom omelette

Vegetarian Omelette

Mushroom, tomato & cheese

Croissants (please allow cooking time)

Freshly baked buttery croissants

Continental Breakfast

Cheese, ham & fresh bread with mixed grapes

(S) Supplement of £1.50