

Light Bites

4oz Boars Head Welsh Beef Burger £6.95
Topped with Cheddar cheese, lettuce, Onion, Tomato relish in a Fresh Bread Roll and Homemade Chips

8oz Boars Head Monster Stack Beef Burger £8.50
Topped with a Double helping of Cheddar cheese, lettuce, tomato, Onion Rings, Tomato relish in a Fresh Bread Roll and Homemade Chips

Chicken Breast Fillet Burger £6.50
Choose From
Plain and Simple or Cajun Chicken
Made with a breast of chicken, lettuce, tomato and mayonnaise served in a fresh bread roll and Homemade Chips


Extra Toppings

(Bacon, Cheese, BBQ Sauce, Jack Daniels Sauce, Tomato Salsa) 0.70p

Jacket Potatoes £4.95
Served with a Side Salad Garnish

Fillings to Choose From

Tuna, Mayo and Red Onion

-  Spicy Celtic Pride Chilli with or without cheese
- Cheddar Cheese and Baked Beans (v)
- Cheddar Cheese and Sweet Chutney (v)
- Ham and Cheddar Cheese
- Prawns and Marie Rose

 Boars Head Chilli Nachos £5.25
Tortilla Chips smothered with our Celtic Pride Beef Chilli, Soured Cream, Tomato Salsa and Melted Cheese

Sandwiches £4.95
Choose White or Wholemeal bread served with Side salad and Crispy Potato Chips

B.L.T (Bacon, Lettuce and Tomato)

Sliced Roast Beef, Fried onions and mushrooms and pot of gravy for dipping
Tuna, Onion and Mayo

Hot Roast Meat of the Day from the Carvery
Cheddar Cheese and Chutney (v)
Carmarthen Ham and Pineapple
Prawns and Marie Rose

Chef's Special Sandwich of the day

SIZZLING FAJITAS

Aromatically Spiced and stir fried with slice peppers and red onions. Served with soured Cream, tomato Salsa and Floured Tortillas and Chunky Chips

Choose from:

Succulent Chicken Breast £9.25

Mushroom and Stir Fry Vegetables (v) £7.95



Children's Menu

Any main meal with Free Ice Cream for Dessert £4.95

Sausages with mash potato and peas or beans

Chicken Nuggets

Fish Fingers

Minni Pizza

Hand Carved Ham

All of the above served with Chips, Mash Potato, Beans or Peas

Sides





Home Made Chips	£1.95	Curly Fries	£2.75
Mushrooms	£1.75	Onion Gravy	£1.50
Beer Batter Onion Rings	£2.00	Bread and Butter	£1.25
Coleslaw	£1.25	Bowl of green Salad	£2.50
Garlic Bread	£2.50		

(top with cheese for 50p)

Desserts £3.50

Mario's Luxury Ice Cream £2.95
Please ask a member of staff for our list of delicious homemade desserts and luxury Ice Creams

Hot Drinks

Americano	£1.30	Cappuccino 	£1.45
Milky Coffee	£1.30	Café Late 	£1.30
Mocha 	£1.40	Hot Chocolate	£1.50
Fruit Tea 	£1.40	Earl Grey Tea	£1.25
Traditional Tea	£1.25	Floater Coffees	£1.25

+ Price of your chosen spirit

Function room available to hire for Private Parties, Weddings, Business and Social Meetings, Please ask a member of staff for further details.

History of Boars Head Hotel

The Boars Head Hotel is probably Carmarthen's oldest hostelry. Its origins go back to a house belonging to the Owen family of Orielson, Pembrokeshire. Although no certain date can be given for the building of this house, we do know that the Owen family had connections with the town as early as Elizabethan times with Hugh Owen being made recorder for the borough in 1574. This original house, which was known as the New Inn, is now the front dining area, and a substantial wall between the front and rear dining areas shows the position of the house fireplace. In the 1750's major extensions were made to the premises. The adjacent house on the south side was taken over, and the living room converted to stables (now the lower bar). The kitchen was extended, and a new brew house built (now the rear dining room). Further work was carried out in early 1820's. This work included new stables as well as a 'spacious Commercial Room', a room for the use of commercial gentlemen and travellers. The basic layout of the Hotel has remained unaltered to the present day, although recent refurbishments have brought the Hotel fully up to modern standards whilst maintaining its character.

-Researched and written by D. Griffiths



Boar's Head Hotel

www.boarsheadhotel.com

Restaurant Menu

Restaurant Open Every Day From 12.00 noon Until 9.00 pm



120 Lammas Street, Carmarthen

01267 222789



Starters

Chefs Soup of the Day <i>Served with a crusty bread roll and butter</i>	£3.50
Minted Lamb Kebabs or Southern Fried Chicken Strips <i>Served on a bed of lettuce leaves, spring onions and drizzled with a mint or garlic mayo</i>	£4.50
Prawn Cocktail <i>Served on a bed of fresh lettuce, spring onion, tomato, cucumber and a wedge of lemon topped with our marie rose sauce</i>	£5.25
Cheesy Potato Wedges (v) <i>Served with BBQ sauce</i>	£3.75
Boars Head Garlic Mushrooms (v) <i>Served in a creamy white wine sauce and a slice of garlic bread</i>	£4.95
½ Rack of succulent BBQ Pork Ribs <i>Served on a bed of lettuce leaves</i>	£5.50
Traditional Welsh Cawl <i>Served with Fresh Bread Roll and Welsh Cheese</i>	£4.75

Traditional Carvery

Served Every Day

Choice of 2 meats and Seasonal Vegetables,
Roast Potatoes & Homemade Stuffing Only £8.25

**Monday &
Tuesday Specials**
Carvery and Dessert
£9.95

Why not Treat yourself
this Sunday

**Traditional
Sunday Lunch**

Book Now to Avoid Disappointment

Afternoon Teas
now being
served

Boars Head Favourites

The Felinfoel Dragon Stout Pie  <i>Succulent Beef, Mushrooms, Onions in a Beef and Felinfoel Ale gravy topped with puff pastry. Served with Chips or Jacket Potato and Salad Garnish</i>	£7.95
Hand Carved Carmarthen Roast Ham <i>Topped with two eggs or Homemade Parsley Sauce Served with Chips or Jacket Potato and Salad Garnish</i>	£6.95
 Celtic Pride Beef Chilli Con Carne <i>Served with Rice, Chips or Half and Half and Salad Garnish</i>	£7.95
Half Chicken Chasseur <i>Served with a Red Wine and mushroom sauce and a choice of creamy Mash, Jacket or Chipped potatoes</i>	£7.50
Welsh Lamb Shank in a Mint and Onion Gravy <i>Served with a Creamy Mash Potato and Garden Peas</i>	£8.50
Homemade  Beef or Vegetable (v) Lasagne <i>Layers of pasta, Minced Beef or Vegetables and Smothered with Béchamel Sauce. Served with Chips or Jacket Potato, Garlic Bread Slice and Salad Garnish</i>	£7.95
Chef's Homemade Chicken or Quorn Vegetable (v) Curry <i>Served with Chips, Rice or Half and Half and Naan Bread</i>	£7.95
Hunters Chicken <i>Chicken Breast topped with Bacon, Pineapple, Cheddar Cheese, BBQ Sauce with Fries or Jacket Potato</i>	£8.75
Chef's Vegetarian Dish of the Day (v) <i>Served with Rice, Chips or Half and Half</i>	£7.95

Please take time to have a look at
our Specials Board
in the Restaurant

Boars Head SIZZLERS

Please take time to have a look at our
Specials Board in the Restaurant

The FAMOUS Boars Head Meat Feast <i>4oz Rump, Pork Chop, Lamb Chop, Gammon Steak, 2 Pork Sausages topped with a Fried Egg</i>	£12.50
8oz Rump Steak	£9.25
10oz Sirloin Steak	£14.95
Butterfly Chicken Breast <i>(have it plain, hot pirri pirri or Cajun Style)</i>	£7.95
The FAMOUS Sizzling Chicken and Ribs <i>Chicken Breast, ½ Rack or BBQ Ribs, Coleslaw, Corn on the Cob and Fries</i>	£10.50
Two Succulent Pork Chops <i>(served with Apple Sauce)</i>	£8.95
Bacon Steaks served with Egg or Pineapple	£8.95
Minted Lamb Kebabs	£7.95
Grilled Salmon Fillet <i>Served with a sweet tomato relish</i>	£8.95

All Served with a Choice of Homemade Chips or Jacket Potatoes,
Onion Rings, Tomato, Garden Peas and Mushrooms

Steak Sauces – add one for just

Choose from Creamy Peppercorn, Jack Daniels or
Boars Head Special Sauce

£1.75



Fish Dishes

Fish and Chips <i>Chunky battered Cod served with homemade Chips, garden peas and cool creamy tartare sauce.</i>	£7.25
Breaded Scampi <i>Wholetail Scampi with homemade Chips or Jacket Potato, Buttered peas, cool creamy tartare sauce and salad garnish</i>	£8.50
Crispy Breaded Plaice <i>Served with Chips or Jacket Potato, Garden Peas and Salad Garnish</i>	£7.95

